

CALL TO THE 'PEN

A Publication of THE JASON MOTTE FOUNDATION

www.jasonmottefoundation.org

TOGETHER, WE CAN
MAKE A DIFFERENCE

Issue 5 - Spring 2017

LINEUP CARD



MAY 15

Fourth Annual St. Louis
Cornhole Challenge with Jason Motte
and Kolten Wong
The Biergarten at Anheuser-Busch
St. Louis, MO

MAY 19

Hampshire High School K Cancer
Baseball Game
Hampshire, IL

JUNE 3

Baseball Battles Cancer Classic
Ballwin Athletic Assoc. - St. Louis, MO

JULY 22

Strikeout Cancer Day with the
Memphis Redbirds
AutoZone Park - Memphis, TN

SEPTEMBER 2017

Painting the Town Gold
Edwardsville/Glen Carbon, IL

NOVEMBER 18

Second Annual Memphis
Cornhole Challenge
The Columns - Memphis, TN

NOVEMBER 30-DECEMBER 2

St. Jude Marathon Weekend
Memphis, TN

Motte Foundation Making Its Mark In St. Louis

It has been a long road to this point. There is still much more to do.

This is oftentimes how the story goes for those enduring the battle with cancer.

The same could be said for an announcement that was a long time in the making. And last October, thanks in large part to a strong partnership with Enterprise Rent-A-Car, an historic first step was made official to a dream that

has been on the heart and mind of Jason Motte and his family. Just outside the clubhouse of Norwood Hills Country Club, the home of the Enterprise Charity Golf Tournament, the Motte Foundation pledged \$200,000 to fund a project at SSM Health Cardinal Glennon Children's Hospital that will help cancer patients for years to come.

Jason Motte and kids are a true double play. His passion for the youth of America is unquestioned, so it comes as no surprise that a project of this magnitude would involve those he relates the most to. This historic donation will fund the upgrade and remodel of the treatment room located on the oncology floor. This new space will provide a "safe haven" for the children going through treatments, and will help in reducing the anxieties that come along with the procedures. Children will be able to customize the room, from the color of the lighting to what is shown on the television, to a number of other distracting techniques thus creating a calm, relaxing and friendly atmosphere.

This project, one of its size, detail, and magnitude, would not be possible without the generosity of one of our valued partners - Enterprise Rent-A-Car. The proceeds from their annual golf tournament the past two years, where the Jason Motte Foundation was selected as the beneficiary, laid the groundwork that would make this dream a reality.

Construction is set to begin in August of 2017, with a targeted completion in early calendar year 2018.



Don't know our story? Need some daily inspiration?
Check out the Jason Motte Foundation video!

www.JasonMotteFoundation.org/mission

"ANYTIME YOU HAVE AN OPPORTUNITY TO
MAKE A DIFFERENCE IN THIS WORLD AND
YOU DON'T, THEN YOU ARE WASTING YOUR
TIME ON THIS EARTH."
- ROBERTO CLEMENTE



Special Honors Given to Two Special Partners

November is a time for giving thanks and recognizing the gifts for which we have been bestowed. At the First Annual Memphis Cornhole Challenge, the Jason Motte Foundation took time away from throwing beanbags to continue the tradition of recognizing the Partners of the Year awards. Started in 2015, Jason and Caitlin wanted to show their sincere appreciation to special companies and/or individuals who contribute to the mission of providing comfort and care to those affected by cancer. Strategic partnerships and donors are the lifeblood of any non-profit organization, yet some rise above the rest and truly make the mission a reality.

The 2016 recipients of the Partner of the Year awards were Accurate Law Enforcement (Memphis, TN) and R&W Builder's (O'Fallon, IL). These two organizations exemplify what it means to being a "teammate in the fight" against cancer.

Accurate Law Enforcement has supported the Jason Motte Foundation since its inception in November 2012. They were one of the founding sponsors of the Strike Out Cancer with Jason Motte Gala, and have continued their support for the past five years. In 2016, they were strong advocates in the change of the Memphis event format when they became one of the presenting sponsors of the First Annual Memphis Cornhole Challenge. Accurate Law Enforcement is also involved with the St. Jude Marathon as Vice President, Joseph Harrison, serves as the Team Captain for the Foundation's KCancer running team.

R&W Builder's Inc. has played a key role in the success of the Jason Motte Foundation. Since 2015, R&W Owner, Jill Rutter and her husband, David Rutter, have graciously donated and constructed the custom cornhole board sets for the Cornhole Challenge events in St. Louis, Chicago and Memphis. That amounts to approximately 100 sets (of two boards each) over four events. In addition, they also generously donated another dozen sets that would be donated to various cancer facilities in the St. Louis and Memphis areas. Their dedication and commitment to the mission of the Jason Motte Foundation is unquestioned and is greatly appreciated.

Previous winners of the prestigious Partner of the Year Award include Companion Bakery (St. Louis, MO) and Enterprise Rent-A-Car (St. Louis, MO).



*Joseph Harrison
Accurate Law Enforcement*



*Jill and David Rutter
R&W Builder's, Inc.*

***Thank you to all of our valued
Teammates in the Fight
against cancer!***

If you would like to partner with the Jason Motte Foundation, please contact Karen Cole at karen@jasonmottfoundation.org.



The More You Know

In 2017, the American Cancer Society estimates 135,430 new colorectal cancer cases will be diagnosed in the United States, making this the third most common cancer in both women and men. Colorectal cancer affects the large intestine or lower part of the body's digestive system. In most cases, the cancer begins as small benign clumps of cells called adenomatous polyps. Over time, these polyps develop into cancer.

The early stages of colorectal cancer typically have no symptoms. Regular screening can identify polyps early allowing them to be removed before becoming cancerous. As the disease progresses, symptoms may include changes in your bowel habits, blood in your stool, abdominal bloating, cramps or discomfort, unexplained weight loss, Anemia, Jaundice and/or weakness or fatigue.

Researchers have pinpointed risk factors that might increase an individual's chance of having colorectal polyps or cancer.

- Genetics – Family History of disease
- Racial & Ethnic background
- Diet heavy in red and processed meats
- Physical Inactivity
- Smoking
- Heavy Alcohol Use
- Age
- History of colorectal polyps
- History of Inflammatory Bowel disease
- Overweight
- Type 2 Diabetes

Having one or more risk factors does not mean you will get colorectal cancer. You can change some of your risk factors, but others you cannot control. Regular screenings is one of the best ways to prevent colorectal cancer. Diets rich in whole-wheat high-fiber grains, fruits and vegetables may help in reducing your risk. It's recommended that colorectal screening begin at age 50. If you are at higher risk, such as a strong family history of colorectal cancer, you should consult your physician and talk about your risk and your screening options.



Do you, your family and/or friends shop Amazon?
You can help fight cancer by simply going shopping!

Amazon has designed smile.amazon.com to give consumers a chance to make a difference. When you order through this site, a percentage of what you spend will go to a non-profit organization of your choosing. We encourage you to select the Jason Motte Foundation and help support our mission to Strike Out Cancer.

The St. Jude ABCs of Cancer

A cancer diagnosis is frightening for anyone, but it is especially scary for a child. The Child Life Specialists at St. Jude Children's Hospital has created unique ways for children and teens to understand their illness while expressing their feelings in healthy ways—through play, writing and art.

St. Jude has produced "The St. Jude ABCs of Cancer," a collection of poems and artwork crafted by the young heroes who are patients at St. Jude. We intend to publish a portion of the ABC's in each of the upcoming editions of *Call to the 'Pen*. The collection is taken directly from what each of the patients wrote, making no corrections to their writing.

This month's letter "E" was written by Ethan, an 8-year old diagnosed with Medulloblastoma.

E is for EGG BOY.

Chemo and radiation can make you feel eggstra heavy and slow like an elephant.

It was eggciting meeting other cool kids like me who knew how I was feeling.

The doctors and nurses are eggsperts at helping kids get better.

Now I'm back home and I feel eggcellent and strong again.

I'm eggstremely happy that St. Jude saved my life.

Thank You,

Ethan

-The Medulloblaster



Medulloblastoma (also called cerebellar PNET) is a cancerous tumor that starts in the region of the brain at the base of the skull. These tumors tend to spread to other parts of the brain and to the spinal cord. Medulloblastoma is the most common malignant brain tumor of childhood cancer.



Kids Being Kids: A Field Trip of a Lifetime

Spring Training - where dreams can come true for a fortunate few.

A few weeks ago at Salt River Fields in Scottsdale, Jason Motte made the dreams of 23 cancer patients and their caregivers come true, providing them with a field trip of a lifetime to Rockies Spring Training. Here they would enjoy a meet-and-greet with the entire Rockies organization, have a pizza party with the team, hang out at Dave & Buster's playing games, and take in a baseball game. They would even be outfitted in a personalized Rockies jersey, of course sporting the number 30. And the biggest prize of all, having the opportunity to, at least for a couple days, forget about their treatments and situation.

"You get to see these kids, doing everything that teenagers do," said Jason, the biggest kid of all. "The whole point of this trip is it's a little getaway for them to kind of forget about what's been going on, and what they've been battling."

"We are so happy that these kids are being teenagers," Caitlin added. "We didn't hear one person talk about their diagnosis or their treatments. They are excited about being kids, talking about their favorite song at the ballpark or how excited they are to throw out the first pitch. They were just truly excited about being in Arizona, watching baseball, and being surrounded by other kids and just being kids."

This trip was a project that was started by former Rockies infielder, Troy Tulowitzki. It allows patients from Children's Hospital Colorado, ages 12-24, a chance to have fun away from the hospital. Since Tulo was traded to the Blue Jays, Jason saw this as a natural opportunity to step in and make a difference. And getting his teammates involved, some of which are idols and heros to these kids, was an easy sell in the clubhouse.

"This is something we are really passionate about and care about. For us to go out and try to help others and put smiles on faces when they are going through this tough time is why we started our foundation.

It's all about helping out and giving back."

