

# CALL TO THE 'PEN

A Publication of THE JASON MOTTE FOUNDATION

[www.jasonmottefoundation.org](http://www.jasonmottefoundation.org)

TOGETHER, WE CAN  
MAKE A DIFFERENCE

Issue 4 - Summer 2016

## LINEUP CARD

### SEPTEMBER: PEDIATRIC CANCER AWARENESS MONTH

September 2016  
Painting The Town Gold  
Edwardsville/Glen Carbon, IL  
-and-  
Jefferson County, MO

### OCTOBER: BREAST CANCER AWARENESS MONTH

October 1  
Wiffle Ball Tournament  
The Wiffлот  
Chicago, IL

October 6  
Enterprise Charity Golf Classic  
Norwood Hills Country Club  
St. Louis, MO

October 8  
Second Annual Strike Out Cancer  
Golf Classic  
Greenview Golf Course  
Centralia, IL

### NOVEMBER: LUNG CANCER AWARENESS MONTH

November 5  
Memphis Cornhole Challenge  
The Columns  
Memphis, TN

December 3  
St. Jude Marathon  
Join Team KCancer  
Memphis, TN

## Show-Me State Shows Their Generosity Once Again

On Monday, May 16, downtown St. Louis became the epicenter of competition and entertainment as Ballpark Village played host to the *Third Annual St. Louis Cornhole Challenge*. This event continued a tradition that was started when Jason was a member of the St. Louis Cardinals, bringing ballplayers and fans together as teammates in the fight against cancer.

Even a stint on the disabled list would not keep our gracious host from attending this signature event. Jason and Cardinals' second baseman, Koltan Wong, who also serves as the Cardinals' KCancer representative, hosted a fun-filled evening for all. They were both joined by many of their respective teammates, making this a truly unique experience for those in attendance.

The numbers are staggering:

- ◆ 112 teams
- ◆ 367 games
- ◆ Over 1,000 volunteer hours given
- ◆ 11 different states represented
- ◆ 1 incredible venue in *Fox Sports Midwest Live*

All of these figures equate to another successful event that raised \$125,000. In adding that to the first two years, the St. Louis events have collectively raised almost \$350,000. On behalf of the entire Jason Motte Foundation and those who will be directly impacted, **THANK YOU ST. LOUIS!** Your generosity continues to inspire us all.



We would be remiss if we did not recognize the incredible support from our sponsors, particularly our presenting sponsors Fox Sports Midwest and R&W Builders. Your continued support of our mission makes it possible to fund key projects and initiatives that are close to our hearts, as well as makes fun events such as the Cornhole Challenge a reality.

We also give a huge shoutout to all of the volunteers who gave of their time to manage every aspect of this, our largest event. And finally we want to give kudos to our two in-game hosts, Jim Hayes and Rene Knott. You guys, once again, made us laugh, cry, and thoroughly enjoy an otherwise lengthy evening.

If you missed out on the St. Louis event, plans are underway for taking Cornhole on the road to Memphis. On November 5, the annual Strike Out Cancer event will be re-energized in the birthplace of Rock N Roll. We can't wait to see you there!

#LetItFly

Don't know our story? Need some daily inspiration?  
Check out the new Jason Motte Foundation video!

[www.JasonMotteFoundation.org/mission](http://www.JasonMotteFoundation.org/mission)

"ANYTIME YOU HAVE AN OPPORTUNITY TO  
MAKE A DIFFERENCE IN THIS WORLD AND  
YOU DON'T, THEN YOU ARE WASTING YOUR  
TIME ON THIS EARTH."  
- ROBERTO CLEMENTE





# Community Corner

Some baseball players use off days and the offseason to rest, take some time off, go on vacation, or take it easy after a grueling eight-month stretch. That is definitely not the case with Jason. Instead of becoming scarce, he regularly uses his time away from the field to be visible and active in the community, especially with local hospitals and charities.

Since the last issue of *Call to the 'Pen*, The Jason Motte Foundation has been quite active. Here's a glimpse of some of the appearances by Jason, Caitlin, and other Foundation supporters.



**Great Circle  
St. Louis, MO**

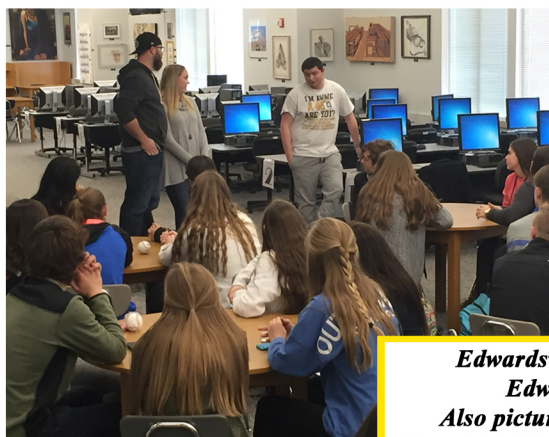


**Bob Costas Cancer Center  
Cardinal Glennon Children's Hospital  
St. Louis, MO**



**Lincoln Middle School  
Edwardsville, IL**

**Hope Lodge  
American Cancer Society  
St. Louis, MO**



**Edwardsville High School  
Edwardsville, IL  
Also pictured is Todd Schulz,  
Founder of Painting The Town Gold**

## CORPORATE PARTNERS HONOR ROLL

The Jason Motte Foundation continues to provide support to those who are battling cancer. These initiatives would not be possible without the continuous generosity of our sponsors.



**THANK YOU FOR BEING OUR TEAMMATE IN THE FIGHT!**

If you are interested in becoming a sponsor, please contact Karen Cole at [karen@jasonmottefoundation.org](mailto:karen@jasonmottefoundation.org).

**CALL TO THE 'PEN**



# SPF: Sun Protection is Fundamental

Swimming in the neighborhood pool, hanging on tight as you are pulled across the lake behind a boat, golfing at your favorite course, not to mention cheering on your favorite baseball team are all fun-filled activities that comprise the summer months. But those activities can also put you at risk for skin cancer.

August is summer sun safety awareness month. It is estimated that 3.5 million cases of basal and squamous cell skin cancer is diagnosed in the United States each year. These types of cancers mainly occur where your skin is directly exposed to the sun, like your face, neck, lips, ears and even the back side of your hands.

Protecting your skin from being overexposed to the sun can reduce your chances of getting skin cancer. The American Cancer Society suggests the best way to avoid overexposure is to stay in the shade, but sometimes this cannot be avoided. They suggest when you know you will be directly in the sun to “Slip, Slop, Slap and Wrap.”

- \* Slip on a shirt
- \* Slop on sunscreen
- \* Slap on a hat
- \* Wrap on sunglasses

Basal cell carcinomas are usually the easiest form of skin cancer to treat and are the least likely to spread. If they are not treated, they can cause extensive damage to tissue and bone surrounding the disease. Squamous cell carcinomas are usually found easier by an individual or through a skin examination by a dermatologist. Signs of these possible skin cancer types can include raised, reddish patches; pink growths with raised edges, small pink or red translucent, shiny bumps; or changes in the size, shape or color of a mole.

The most dangerous type of skin cancer is Melanoma, which is more likely to spread to the lymph nodes or other parts of the body. Detected early, melanoma has a much better chance of responding to treatment. It’s important to know that melanoma also can appear initially in the eyes, under toenails or in mucosal tissues around the head or genitals.

The American Cancer Society notes the ABCDE rule is another guide to the usual signs of skin cancer when it comes to melanoma.

- ✓ **A is for Asymmetry:** One half of a mole or birthmark does not match the other.
- ✓ **B is for Border:** The edges are irregular, ragged, notched, or blurred.
- ✓ **C is for Color:** The color is not the same all over and may include different shades of brown, black or some times patches of pink, red, or blue.
- ✓ **D is for Diameter:** The spot is larger than ¼ inch across (the size of a pencil eraser), although spots can sometimes be smaller.
- ✓ **E is for Evolving:** The mole is changing in size, shape, or color.

If you see any spots or growths with any of these features, or anything else you notice to be unusual, it’s important you discuss your findings with your doctor. As with other cancers, early detection is important.

## The St. Jude ABCs of Cancer

A cancer diagnosis is frightening for anyone, but it is especially scary for a child. The Child Life Specialists at St. Jude Children’s Hospital has created unique ways for children and teens to understand their illness while expressing their feelings in healthy ways—through play, writing and art.

St. Jude has produced “The St. Jude ABCs of Cancer,” a collection of poems and artwork crafted by the young heroes who are patients at St. Jude. We intend to publish a portion of the ABC’s in each of the upcoming editions of *Call to the ‘Pen*. The collection is taken directly from what each of the patients wrote, making no corrections to their writing.

This month’s letter “D” was written by Diana, an 8-year old battling Acute Lymphoblastic Leukemia.



Childhood acute lymphoblastic leukemia is a cancer in which the bone marrow makes too many immature lymphocytes (white blood cells). This type of cancer usually gets worse quickly if it is not treated.

### D is for **DANNY THOMAS.**

*God bless our paths that day by day,  
we the children, wish to live with  
happiness because I have the best  
doctors who make me feel safe and  
nurses who treat me with kindness.*

*God bless Mr. Danny Thomas*

*Thank you St. Jude.*





ONE CAUSE LET'S STRIKE OUT CANCER!



A LOOK BACK 3RD ANNUAL ST. LOUIS CORNHOLE CHALLENGE

